

# DREAMS, HEALING AND WHOLENESS

**A training day led by Madeleine O'Callaghan**

**Saturday 12<sup>th</sup> February 2011 at St. Mary's Church, Peterborough**

*"All dreams come in the interests of healing and wholeness"*

*Jeremy Taylor, author of Dreamwork*

## **Outline**

Our dreams connect us with that inner wisdom which continually invites us to wholeness and fullness of life. They open us to the truth of our being, whether unclaimed areas of pain and woundedness or unacknowledged gifts and energies. Dreams offer a continual invitation to growth, integrity and relationship to the deepest realities of our being, to '*the fulfilment of the seed which was planted in us at our making*'

This workshop offers an opportunity to encounter a powerful tool of wisdom and healing for your own inner work. In addition it will help identify and develop skills in receiving and responding to dreams brought by clients to the counselling session.

The work will be mainly practical and experiential, based on dreams contributed by participants. Work may be in large groups, small groups, pairs or individually.

## **Participants will need:**

A written account of a recent dream (if available); paper, pens.

## **Profile of trainer**

Madeleine works in the field of spiritual and personal growth as a workshop leader, spiritual director, supervisor and trainer in spiritual direction. She trained in spiritual direction in the U.S. and also at the London based Ignatian Spirituality Course.

She was first introduced to dream awareness at the Institute for Creation Spirituality where she trained with Jeremy Taylor and has continued to develop her dreamwork skills with the Marion Woodman Foundation.

She works throughout the U.K. and occasionally abroad.

## Programme

9.30 - 10.00	Arrival and coffee
10.00am	Session 1
11.30am	Break
11.45am	Session 2
1.00pm	Lunch - participants are asked to bring a packed lunch
2.00pm	Session 3
3.00pm	Break - completion of evaluation forms
3.15pm	Session 4
4.00pm	Depart



## The Training Venue

The training event will take place at St. Mary's Church Centre, Peterborough, PE1 1TT - pedestrian and disabled access is from New Road. Please see: <http://www.peterborough-stmarys.org.uk/> for road and route map. The centre offers excellent training facilities with toilet and refreshment facilities on the ground floor.

**Car parking:** City Council car parks are in very close proximity and the walk from the City centre takes about five minutes.

## Location

Please location map below:

If travelling by car, best access route from A1 north/south is from Junction 17 onto A1139 Exit at signs for 'Cathedral' and 'Showcase cinema'  
Proceed along Boongate (see map) for St Mary's situated at Boongate roundabout



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