

Editor's Welcome

Welcome to the **THIRD** edition of 'Well Informed', The Well's newsletter. This edition is very much about welcoming, as we have so many new members join our team. Since the last edition there have been many changes. We have said our sad goodbyes and made many warm welcomes. Our team continues to grow and we welcome the richness and experience that each member brings. As a newcomer to the team and wearing '2 hats' as Service Manager and volunteer counsellor it is a pleasure to work alongside and come in contact with so many, who are willing to give of their time and money, in order that a very real need in Peterborough is recognised. *On behalf of those who have no voice, or haven't yet found it, I thank you all for your valued support.* Our aim is to keep our benefactors informed about how they have assisted our work, while encouraging others, to take the plunge and become supporters.

The Well

If you have any comments or suggestions regarding this newsletter or for the next one, please contact Jan via email:

joanwellmanger@btinternet.com

Many thanks for your interest in the essential work of **The Well**.

2007

2007 brought many changes to the working of The Well. Jane Pope moved on to pastures new, leaving Michelle Coombe – Boxal to manage our services until September, when our new manager Jan Lawlor who is also a volunteer counsellor took up post.

Thank You

Once again we thank Michele for her commitment and enthusiasm during her time as Service Manager; we are pleased to say that she continues to offer her services as a volunteer counsellor.

We say *Goodbye and Thank you* to Lynne Booker our trainer who in 2007 organised training days on a variety of themes. We wish Lynne all the very best in everything she does.

Welcome

Andrew Christie our Fundraiser Church Coordinator whose role is to communicate with local churches on the work that The Well is undertaking in our community. Raising its profile within church groups so that those in need may be helped, alternatively, some may consider helping either in a voluntary or monetary capacity. His role involves nurturing short term and long term donations in order to provide The Well with greater financial stability. Andrew's local Church work currently covers being PCC Secretary at St Mary's and Group Ministry Secretary for St Mary's, St John's and St Mark's. In addition, he is involved in raising revenue through lettings at St Mary's and he has a real passion for Hope 08.

Welcome to 2 new trustees Simon Nurser and Neil MacCullum who will be part of the finance and fundraising group. We are delighted to have you on board.

Other Locations

The Well's counsellors also work in various locations around the City such as: The Way-In Community House, Werrington, the Convent in Lincoln Road and Park Road Baptist Church.

Thanks to all those who make our work possible.

Welcome to two new counsellors. Corinne Craymer and Douglas Stevens. Doug has been an ordained minister for 35 years and has worked in down-town Portsmouth and East London, as a University chaplain, in Fenland villages and in new town Peterborough. After a period of illness ten years ago, he moved into mental health work with the Richmond Fellowship and Community Mental Health Team. He served on the national committee of the Association for Pastoral care in Mental Health, editing its newsletter. Doug has a longstanding interest in Counselling, having initially qualified in the 80's, and receiving a master's degree a couple of years ago. He *'is interested in helping people see what their life story has meant to them and giving them the ability to shape the chapters yet to be written.'*

THANK YOU

Thank you to everyone who has given financial support to The Well during 2007. We are particularly appreciative of the generous support of local churches: Park Road Baptist Church, St Mary's, St John's, St Mark's and Peterborough Cathedral. The Earl Fitzwilliam Charitable Trust, The Rotary Club of Peterborough, Norwich & Peterborough Building Society and several individual supporters have also made very generous donations to support the work of The Well. And those of you who kindly supported *Passion for Peterborough* in May deserve a mention too! Thank you all very much.

FRIENDS OF THE WELL

The Well has decided to create a supporters' group, *Friends of The Well*, to enable people (like you, perhaps?) to support the valuable work that our counsellors do. We have set ourselves an ambitious target of finding 50 caring individuals or couples who are willing to give £10 a month, by Standing Order, to help fund the steady growth of the service.

The past two years have seen a definite increase in demand and our counsellors are busier than they've ever been. If you think you can help in this way, please download a *Friends of The Well* application form from our website:

www.wellcounselling.org.uk or telephone Wendy (01733 232433) to ask for one.

PASSION FOR PETERBOROUGH (P4P) 2008

This year our *P4P* event will be a sponsored cycle ride round and round Peterborough's Central Park. We have provisionally reserved Saturday 24th May with the cycling starting at 10.00 am. (NB the date may have to change!) Do contact Wendy to ask for a sponsor form if you'd like to take part. It's a great opportunity to have some fun, get some exercise and raise funds for The Well.

Welcome to Dilys Phipps a new Council of Reference member. Dilys trained as a counsellor with the Cambridgeshire consultancy in counselling in the mid eighties, having lectured in Psychology in local Further Education Colleges for several years before that. She began working as a supervisor in the early nineties and did the training in supervision validated by the University of Cambridge at Madingley Hall in 1991/1992. More recently she was awarded a certificate in Psychodynamic Supervision by WPF. Until 2000 she trained counsellors and supervisors to Diploma level. She currently runs a private counselling practice and offers supervision and training to a number of local counselling bodies. Dilys says *'she feels very privileged having been invited to work with The Well'*. It is my belief that The Well will benefit greatly from her vast experience. Dilys it's great to have you on the team.

Annual Retreat

The team's annual retreat will take place on Saturday 26th April at Edenham Regional House. The theme of the day will be: *Dreams: God's forgotten language* and the leaders will be Dilys Phipps & Rev Andrew Hawes.

Training

Watch this space

For more information about The Well; to receive our newsletters by email or be removed from our database please contact:

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